

# Can Portable Magnetic Resonance Detect Sugar Adulteration in Lokum?

## A preliminary study

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### Introduction

- Turkish Delight or Lokum is soft candy confectionery product which utilises starch as a gelling agent. The main ingredients are sugar, water, starch, acid.
- The most significant quality parameters of Turkish Delight are texture, surface brightness, and transparency, which are all attained through starch gelatinisation.
- The type and quantity of sugar used effects starch gelatinisation.
- According to the Turkish Food Codex, only sucrose is permitted however manufacturers sometimes use corn syrup instead of sucrose to decrease the cost and prevent crystallisation [1].
- Fructose-based syrups such as high fructose corn syrup (HFCS) are also attractive since they are sweeter than sucrose and cost less to produce.
- There are no current techniques to determine the sugar solution used to make the confectionery which are inexpensive, rapid, suitable for use by non-experts and which do not require pre-treatment of the sample.
- In this study, a method utilising  $T_1$  and  $T_2^{\text{eff}}$  measured with portable magnetic resonance devices to determine the sugar syrup used in the production of Lokum samples is presented.

### Magnetic Resonance Setup

- Experiments are conducted using a Mobile Universal Surface Explorer (MR-MOUSE®) [2] (Magritek, Wellington, New Zealand) with a Kea2 spectrometer as shown in Figure 1.
- The significant inhomogeneity of the field means that a standard inversion recovery sequence cannot be used to measure  $T_1$ . Instead a CPMG sequence is used with a variable repetition time. Echoes are summed to improve the signal to noise ratio.
- Parameters are shown in Table 1.



Figure 1 Left - Photograph of a Turkish Delight sample in the scanning position on top of the MR-MOUSE®. Top - Example of Turkish Delight Samples

Parameter	$T_2^{\text{eff}}$ Measurement	$T_1$ Measurement
Repetition Time	400 ms	(1:20:200) ms
Echo time	150 $\mu$ s	50 $\mu$ s
Number of Echoes	64	4
Averages	128	32

Table 1: Pulse sequence parameters for MR measurements.

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### Sample Preparation

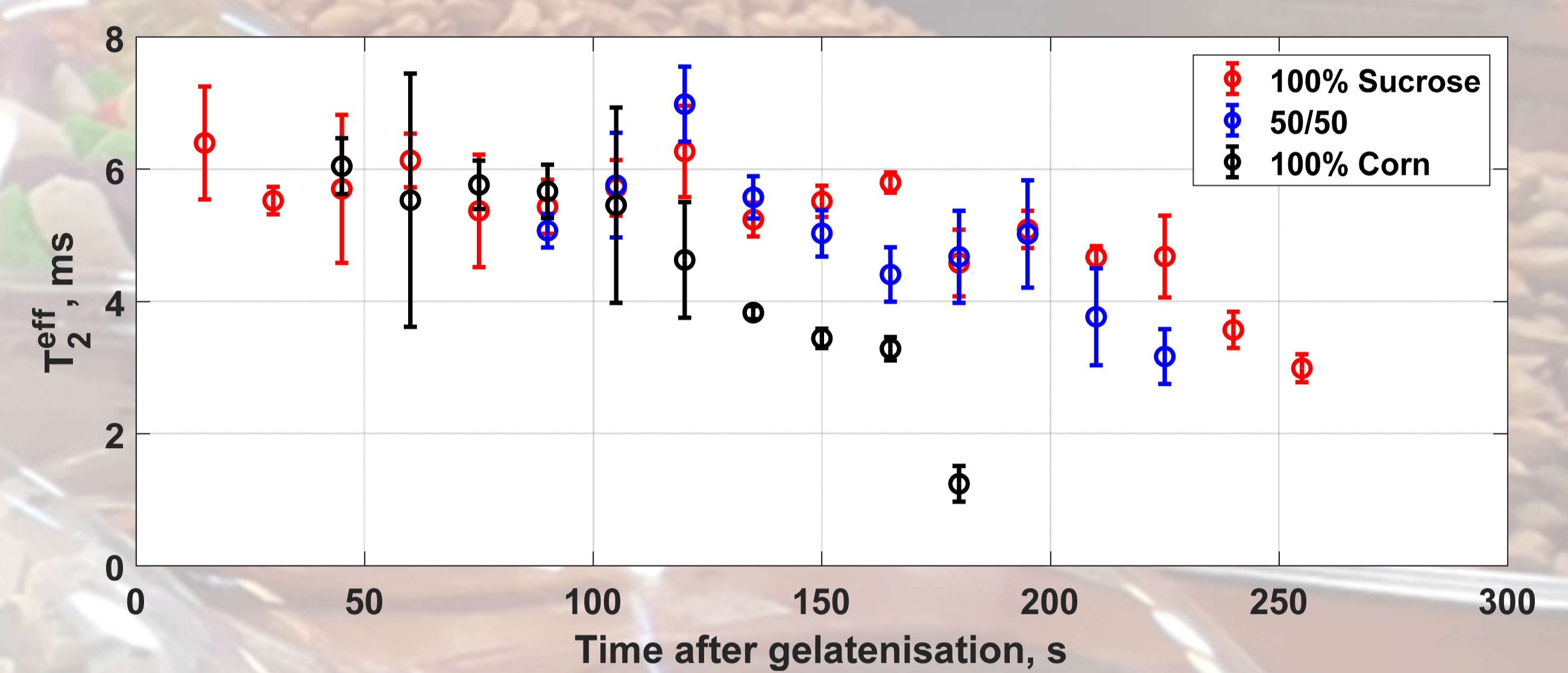
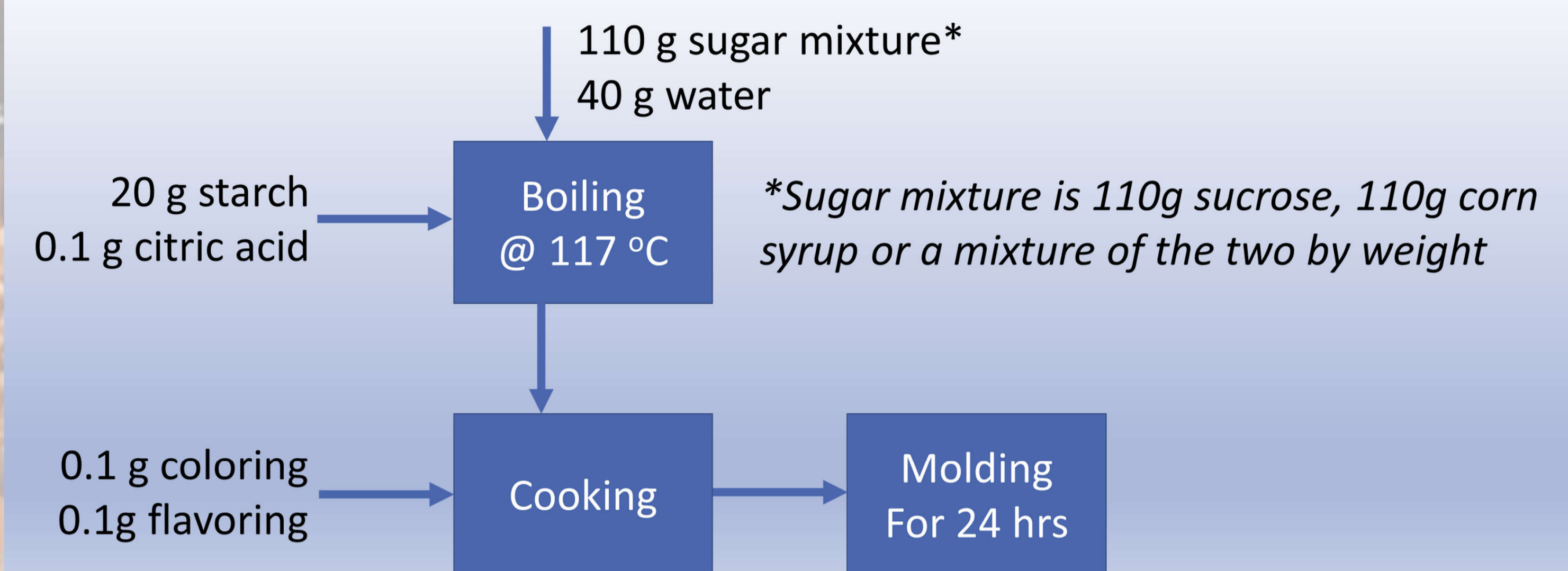


Figure 2 –  $T_2^{\text{eff}}$  values of Turkish Delight for different cooking times for different compositions.

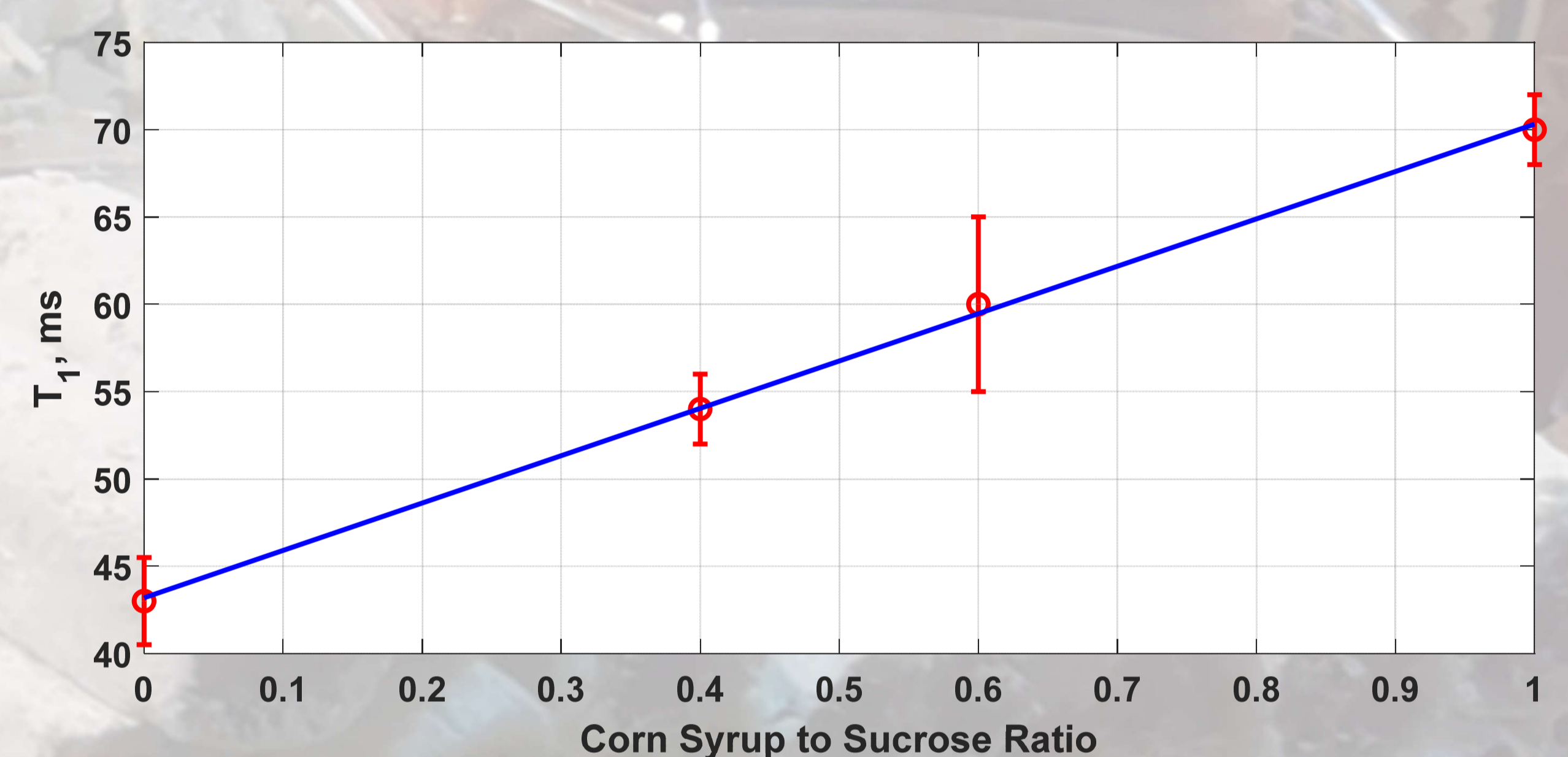


Figure 3 –  $T_1$  values of Turkish Delight for different ratios of Corn Syrup to Sucrose. Gradient of fit is  $0.27x+45\text{ms.}\%^{-1}$

### Results and Discussion

- $T_2^{\text{eff}}$  is plotted as a function of time after gelatinisation for three different recipes in Figure 2.
- $T_1$  is plotted after complete gelatinisation and cooking for four different concentrations of corn syrup to sucrose in Figure 3.
- Corn syrup increases moisture content increasing coupling between the protons and providing stronger spin-spin interaction, resulting in shorter  $T_2^{\text{eff}}$  values.
- $T_1$  increases with corn syrup concentration as expected given the decrease in size of the sugar molecules.

### Conclusion

- We have demonstrated useful relationships between Turkish delight which have different sugar source compositions and two relaxation parameters,  $T_1$  and  $T_2^{\text{eff}}$ .
- Sensitivities for both measurements are similar (35% for  $T_1$  and 40% for  $T_2^{\text{eff}}$ ), though  $T_1$  better resolves different concentrations.
- A portable system which is customised for this application could now be constructed to allow for point-of-sale analysis of such samples which will be tested on adulterated samples.

### References

- [1] Ünlü, E. and Soysal, C. *Eur. J. Food Sci. and Techn.* (2017), 1(1), 38 – 42.
- [2] Perlo, J., Casanova, F. and Blümich, B. *J. Magn. Reson.* (2005), 176, 64–70.

